

ITEMS NEEDED FOR 1-184th INFANTRY BATTALION

TOILETRIES:

Wet wipes
Toothpaste
Toothbrushes and floss
Shampoo
Deodorant
Anti-Bacterial soap
Liquid body wash
Hand sanitizer (i.e. Pure)
Body lotion
Sunscreen
Bug spray
Vitamins
Shaving cream
Razors: Disposable, electric, battery-operated
Toilet paper
Kleenex (travel size)

PERSONAL CARE ITEMS:

Sun block, Aloe Vera
Throat Lozenges
Gum, Lifesavers, Mints
Eye drops (to relieve irritation of blowing sand)
Blistex, Chapstick, Vaseline, Carmex
Aspirin, Motrin, Tylenol, Pain Relievers
Nasal Saline spray/drops
Q-tips
Feminine hygiene products for female soldiers
Jock itch spray
Boot liners/insoles
Lotrimin AF; athlete's foot (ointment not spray)
Foot powder, travel size baby powder
Moleskin
Laundry soap (single packages)

COMMUNICATION ITEMS:

Stationery Items: Envelopes, paper,
Pens/pencils
Small pads of paper
Small pocket size notebooks
Phone cards and stamps

FUN STUFF:

Frisbee, Nerf Footballs, Hacky-Sack
Deck of cards
Hand-held games
Disposable Cameras

FOOD ITEMS:

Coffee, hot cocoa mixes, coffee mixes, tea
Coffee filters, sugar packets, cream packets
Lemonade mix, Tang mix, Gatorade mix
(presweetened), or Crystal Lite
Gum, Lifesavers, mints
Nuts, sunflower seeds, peanuts, trail mix
Power bars, protein bars, and nutritional bars
Beef jerky, beef summer sausage (nonperishable,
labeled USDA Beef)
Individually wrapped or small bags of snacks
Pop-tarts, granola, cereal or milk & cereal bars
Cookies, homemade cookies
Hard candy
Fruit cups
Crackers and cheese
Tuna and crackers
Cheese Wiz
Chicken Salad & crackers
Canned Raviolis
Canned Spaghetti
Chips
Candy and candy bars (chocolate will melt)
Torengo's and canned nacho cheese dip
Jalapeño Velveeta & crackers
Tortillas (corn and flower)
Jelly and Jam
Salsa

OTHER SUPPLIES:

Batteries (AA, AAA, C)
Books, Magazines (US Weekly, People,
Cosmo, Biography, Maxim, Car Magazines)
Sunglasses (goggle-type frequently requested)
Eyeglass wipes
Socks, socks, socks
Underwear, T-shirts
Electrical tape
Duct tape
1 and 2-gallon zip-loc plastic bags
Flashlight with red lens
Battery powered fans that hold and spray water